

SAXMUNDHAM SPORTS FC

PERFORMANCE PRINCIPLES

CAPABILITY

+

BEHAVIOUR

=

PERFORMANCE



ABILITY

Passing
Control
Defending
Shooting
Tackling
Saving
Dribbling
Stamina
Sprinting
Communication



ATTITUDE

Team player
Never giving up
Carrying out Instructions
Training and Preparation
Encouraging team mates
Motivation
Time keeping
Respect
Discipline
Confident



WINNING

Enjoyment
Feeling Proud
Part of a Team
Satisfaction
Happy
Morale
Celebration
Improvement
Success
Meeting vision and aims

RESPECT - INTEGRITY - DEVELOPMENT - COMMITMENT - ENJOYMENT