



SAXMUNDHAM SPORTS FC

COVID-19 MATCH PLAY GUIDANCE

Version 3 - Updated 24 March 2021

Based on the updated FA guidance dated 24 March 2021 competitive match play can re-start from 29 March 2021. The following revised rules must be adhered to during matches at Saxmundham Sports FC:

- The safety of all involved is paramount
- Players must be made aware of and adopt the FA Covid-19 Code of Behaviour which can be found on the FA website
- Players and coaches of the opposing team should be informed of the Club's Covid-19 procedures prior to arrival, and/or on arrival
- Anyone showing any COVID-19 symptoms must not take part
- No spectators are permitted at matches, unless for safeguarding purposes
- In accordance with the NHS Test and Trace system a list of attendees names and contact numbers is to be taken and retained by the Club for a short period. All attending are expected to use the Secure Checkin QR code to register their attendance
- The NHS Test and Trace QR code poster is also available for those attending
- Players should limit travelling to and from matches with anyone other than a member of their own household
- The changing rooms will be closed, but toilet facilities will be available 30 minutes before and after the match.
- Social distancing should be practised where possible, especially at the start, end and during any breaks in play
- Pre and post-match handshakes should be avoided
- Goal celebrations should not break social distancing guidance
- The sharing of kit and equipment is to be avoided and players must bring their own water bottles
- Hand soap, gels and wipes will be available and should be used frequently
- All footballs and equipment should be regularly disinfected

- When the ball goes out of play it should not be retrieved by non-participants, and the use of hands should be limited as much as possible
- Players must avoid spitting, and shouting or raising voices when facing each other
- For treatment of injuries please refer to the FA Covid-19 First Aid guidance
- After the match participants should wash their hands at the earliest opportunity and must maintain social distancing

RESPECT – INTEGRITY – DEVELOPMENT – COMMITMENT – ENJOYMENT